

Glucosamine & Chondroitin

Sulfate 900 mg

240 Capsules

WOMENSENS

adrenal formula

Helps recover after mental nd physical stress and exertion



Sea-licious LOVE THE FLAVOUR. LIVE THE BENEFITS.

ZERO FISHY AFTERTASTE • ZERO BURPBACK • 100% DELICIOUS





with Vitamin D 250 mL





Karlene Karst

Registered Dietitian, author and founder of Sea-licious

EXCLUSIVELY available in natural health food stores







MAXIMUM TRIPLE STRENGTH

RxOmega-3

900 mg EPA/DHA



GMO





NON-GMO · MASS SPEC Documentation Lab Tested

ISURA means certified clean.

This seal assures you that this product has passed the most rigorous testing in the world. ISURA can test for over 500 potential contaminants.

isura.ca

sea-licious.ca

Rx0mega-3 900 mg

HIGHEST OUALITY FISH OILS One-a-day



150 Enteripure softgels



THE FRESHEST **COCONUT OIL** YOU CAN BUY

Fair trade Non-GMO **Organic**

475 mL



MCT Oil

PROVIDES ENERGY FOR BODY BUILDING **AND WEIGHT** MANAGEMENT

Use in smoothies, salad dressings, and sauces

1 L



Be Energized with WHOLE EARTH & SEA PURE FOOD SUPPLEMENTS

You'll experience incredible energizing benefits from Whole Earth & Sea because of the unique way they are made. Crops on our farms are fertilized with compost and nitrogen-rich sea plants, and are meticulously cared for by hand. No synthetic pesticides (or even permissible organic pesticides) are used — EVER!

Women's and Women's 50+ Men's and Men's 50+ Multivitamin & Mineral

 Made with farm-fresh, organic, and sustainably grown non-GMO ingredients

> ALL MULTIS ARE JUST

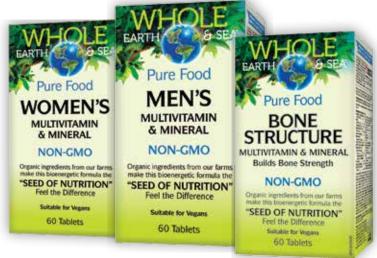
31⁹⁷

60 tablets

\$2.00 from the sale of each Whole Earth & Sea product goes to the



seewhatgrows.org



wholeearthsea.com



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isura.ca

60 tablets

Deep Ocean Minerals

These macro minerals and trace elements give structure to our organs, tissues, and bones, and help maintain fluid balance and pH balance.

2447

100 mL

Pure Food DEEP OCEAN MINERALS A source of over 70 highly concentrated essential minerals & trace elements NON-GMO Intainably extracted from a ocean water protected by a nature reserve. Solitable for Vegaes 100 mL

Herring Gold

More omega-3 phospholipids than krill oil

3947

60 softgels



COMPARE AND SEE THE DIFFERENCE	Herring Gold	Krill Oil	Fish Oil
Small softgel	✓	/	
Omega-3s	~	/	/
Highest omega-3 phospholipids	~		
Natural choline	~		
Natural astaxanthin	/	/	

3

Spring into Summer with WomenSense The Trusted Choice of Practising Physicians

Why do practising physicians and naturopaths across North America recommend WomenSense?

1 RESULTS Medical professionals have seen the incredible results WomenSense products have given their patients over many years.

Only WomenSense products have passed the most rigorous quality testing in the world; ISURA can test for over 500 potential contaminants.

ISUIA

NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓





MARITA SCHAUCH, NI

JULIE REIL, MD

No other women's health products have the RESULTS and the TESTING to win the TRUST of Medical Professionals.



2 TESTING

REDUCES HORMONE RELATED PROBLEMS

48⁴⁷

120 vcaps **2697**

60 vcaps



AdrenaSense

LESS STRESS, MORE ENERGY!

42⁹⁷

180 vcaps

23⁹⁷

90 vcaps



MenoSense

REDUCES HOT FLASHES AND NIGHT SWEATS

37⁴⁷

180 vcaps

2047

WOMENSENSE
MenoSense
Menoplause formula

No the addition of the Manne
Menoplause formula

No the addition of the Manne
Menoplause formula

No the addition of the Manne
Menoplause
Menoplau

ThyroSense

HELP FOR YOUR UNDERACTIVE THYROID

4297

180 vcaps

2397

90 vcaps



TRIM DOWN and SLIM UP

in 2 weeks with SlimStyles

Replace one or two meals a day with SlimStyles Meal Replacements. *SlimStyles will do the rest!*

Why does SlimStyles work so well? PGX.

- 1 PGX reduces the glycemic index of meals by up to 60%, stabilizing blood sugar levels.
- 2 PGX helps you feel fuller, so you consume less calories.
- 3 PGX lowers unhealthy LDL cholesterol and triglycerides.

PGX.com

Available in
French Vanilla,
Double Chocolate,
and Very
Strawberry
flavours

39⁹⁷

800 g powder



"THANK YOU CHRISTIE FOR RECOMMENDING BIOSIL! WE LOVE IT!"

Only BioSil works so well and so quickly to create beautiful hair, skin, and nails.

WHY? Because only BioSil generates collagen, elastin, and keratin – the building blocks of beauty! Women all across Canada are sharing their amazing results using BioSil.

"Thank you Christie! I love BioSil. I'm so excited with the results I'm getting."

"My nails look so good and feel stronger than ever! And in just a couple of weeks."

"I've taken Collagen for months but it didn't work for me. Results from BioSil have been amazing."

BioSil gives incredible beauty benefits on the OUTSIDE.

Imagine what the benefits of BioSil are on the INSIDE.

EXCLUSIVELY available in natural health food stores



AMAZING RELIEF for PAIN and INFLAMMATION

Theracurmin: #1 absorbed form of curcumin

Optimize your MEMORY, JOINTS, and MUSCLES with these unique Theracurmin condition-specific formulas.



Only Theracurmin
has 19 double-blind
clinical studies.
Be assured
THERACURMIN

ISUTA

NON-GMO · MASS SPEC

Documentation ✓ Lab Tested ✓

really works.

ISURA means certified clean.

This seal assures you that this product has passed the most rigorous testing in the world. ISURA can test for over 500 potential contaminants.

isura.ca

Best-tasting, highest quality PROTEINS

Whey Factors

100% NATURAL WHEY PROTEIN

Available in three delicious flavours — French Vanilla, Double Chocolate, and Very Strawberry

VegiDay Protein

100% NATURAL **VEGAN** PROTEIN

Organic and delicious!

Available in four delicious flavours — French Vanilla, Decadent Chocolate, Berrylicious, and Unflavoured

4997741 g powder
Unflavoured

972 g powder



Astounding NEW book reveals life-altering mental health discovery

3 BRAINS SUPPLEMENTS: A bold new breakthrough in mental health treatment

3 BRAINS™ is a NEW line of supplements designed to support the critical relationship between the HEART, the BRAIN, and the GUT. Together these three "brains" influence mental, emotional, and physical health.

3brainshealth.com

995

EXCLUSIVELY available in natural health food stores



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Restful Sleep

Helps relieve nervousness and insomnia due to mental stress

18⁹⁷

90 vcaps



CLOUD

NINE

NEW

Memory Boost

Enhances memory and cognitive function

25⁴⁷

120 vcaps



Cloud Nine

Helps promote healthy mood balance

26⁴⁷

90 enteric-coated tablets



Relieves symptoms of stress such as mental fatigue

26⁴⁷

120 vcaps



NATURAL FACTORS – Leader in probiotic care for the past 25 years

ReliefBiotic

Reduces the duration of diarrhea in those with irritable bowel syndrome (IBS)

CalmBiotic

Helps moderate general feelings of anxiety



18⁴⁷

30 vcaps

17⁴⁷

30 vcaps

STRONGER IS BETTER!

Critical Care Probiotic 55 Billion Active Cells

Fight back with 55 billion good bacteria!



26⁴⁷



Sisura SUPER HOT Specials

All products on this page have passed the most rigorous testing in the world for contaminants.

Coenzyme Q10 100 mg

POWERFUL CARDIOVASCULAR SUPPORT

misura CERTIFIED CLEAN





Melatonin 3 mg

POTENT NATURAL SLEEP AID

misura CERTIFIED CLEAN

210 subtabs

Milk Thistle

AMAZING LIVER **SUPPORT**

‰isura CERTIFIED CLEAN

120 capsules



Omega-3

BEST-TASTING OMEGA-3

Three delicious flavours: Lemon Meringue, Coconut Lime, and Grapefruit

misura

CERTIFIED CLEAN



Mixed Vitamin E 400 IU

POWERFUL ANTIOXIDANT

misura CERTIFIED CLEAN

240 softgels

B12 Methylcobalamin

IMPROVES SLEEP AND CALMS **NERVES**

misura CERTIFIED CLEAN

210 subtabs



Melatonin

3 mg

MSM Joint **Formula**

INCREDIBLE JOINT PAIN RELIEF

misura CERTIFIED CLEAN

240 capsules



WITH GLUCOSAMINE & CHONDROFTIN SULFATES

240 240 Capsules

Coconut Oil with Lavender

INTENSIVE MOISTURIZER FOR HAIR, SKIN, AND NAILS

misura CERTIFIED CLEAN



Tranquil Sleep

ACHIEVE THE IMPOSSIBLE DREAM

misura CERTIFIED CLEAN

60 chew tabs



Mixed Vitamin

400m

Mental Calmness

PROMOTES DEEP **RELAXATION AND** MENTAL CLARITY

%isura CERTIFIED CLEAN

60 chew tabs



Ubiquinol 100 mg

GOLD STANDARD **IN COQ10**

misura CERTIFIED CLEAN

120 softgels



Ubiquinol 200 mg

GOLD STANDARD IN CO010

misura CERTIFIED CLEAN

Ubiquinol 200 mg

Rx0mega-3 Mini-Gels

EASY-TO-SWALLOW OMEGA-3

misura CERTIFIED CLEAN

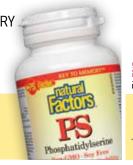
120 Enteripure softgels



PS Phosphatidylserine $100 \, \text{mg}$

BRAIN AND MEMORY SUPPORT

misura CERTIFIED CLEAN



Tea Tree Oil

DISINFECTS CUTS AND SCRAPES, AND PREVENTS INFECTION

misura CERTIFIED CLEAN

Tea Tree Oil Huile de théier

Vitamin K&D

BONE HEALTH

isura CERTIFIED CLEAN

